

October 2014



The Official Newsletter of the
Northeast Texas Chapter

Rehab in the  of Texas

CHAPTER T-SHIRT



The new chapter T-shirt costs \$20.00 and will be available at the next chapter meeting. Quantities are limited.

Chapter Announcement

There will be no chapter meeting in November. The next chapter meeting is on January 22, 2015.

A separate flyer will be emailed to the members prior to the meeting.

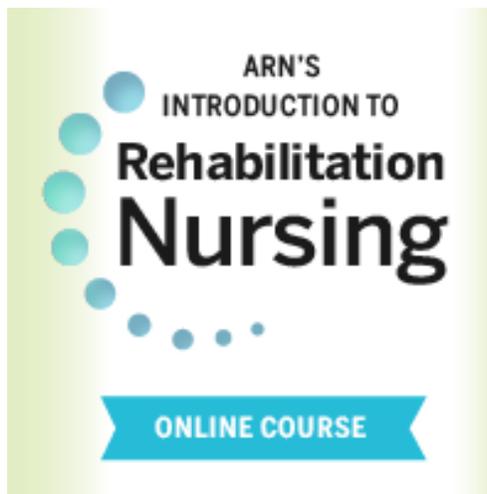
Mission

Statement of ARN

The Association of Rehabilitation nurses promotes and advances professional rehabilitation, nursing practice through education, advocacy, collaboration and research to enhance the quality of life for those affected by disability and chronic illness.

The Northeast Texas Chapter supports the same mission and values of [ARN](#).

Online course designed to help nurses acquire fundamental rehabilitation nursing skills and concepts



ARN's Introduction to Rehabilitation Nursing course is a unique online program designed for nurses who are new to rehabilitation or who want to incorporate basic rehabilitation nursing concepts into their patient care in non-rehabilitation settings. This course is ideal for individual nurses seeking to develop a foundation in rehabilitation nursing, as well as for units and facilities looking to provide consistent, flexible, and personalized rehabilitation nursing training to their staff.

The full course consists of 16 modules, each focusing on a specific rehabilitation nursing topic or concept. Each module covers fundamental concepts and skills in a unique question & answer format that is designed to increase both knowledge and confidence in that knowledge. The modules are designed to mirror the categories of the ARN-CAT (Competency Assessment Tool). **Nurses can earn a total of 12 CHs of continuing nursing education credit.**

REGISTRATION
NOW OPEN!

40th Annual Educational Conference

October 29–November 1, 2014
Anaheim, CA

"Being a nurse isn't about grades, it's about being who we are. No book can teach you how to cry with a patient. No class can teach you how to tell their family that their parents have died or are dying. No professor can teach you how to find dignity in giving someone a bed bath. A nurse is not about the pills or the charting. It's about being able to love people when they are at their weakest moments."

EBOLA OUTBREAKS BRING ETHICS TO FOREFRONT

The ethical perspective from a nurse leader

The steady rise in in death caused by the Ebola virus continues to be in the headlines. Two American healthcare workers contracted the virus and was given the experimental drug ZMapp which has not been tested in humans.

Because ZMapp is still in the preclinical research stage, this cannot be considered as a compassionate use case. Compassionate use as defined by the Food and Drug Administration's refers to the use of an investigational drug (not an untested drug like this one) to treat a patient, especially when the research in humans shows promising results and when no comparable or satisfactory alternative treatment options are available. In this case due to the potential for global spread, we are in uncharted territory, where the line between the research world and the clinical care world is blurred.

The major concern with ZMapp was whether the intent behind the administration of this experimental drug was for research or to save lives. There not enough data about how ZMapp works in humans, what the possible adverse effects, how the drug will affect with individuals with other health problems. In the face of potential outbreaks, the potential benefits to the patient must greatly outweigh the potential harm of the drug.

The selection of the first humans to use ZMapp is a key concern. The candidates receiving the unstudied drug must be allowed to participate fully in the decision. There must be a clear discussion on the use of the experimental drugs in the general population. Factors such as cultural difference to understanding the implications of the drug must be taken into consideration.

How the Ebola outbreak will be stopped is still uncertain. Ethical processes for the just use of resources for containment are of key importance. The limited supply of experimental drugs reveal the unfortunate lack of local and global preparedness for this outbreak. The lack of established treatment, want of protective supplies (gloves and masks) and withdrawal of healthcare workers, according to media reports, can lead to unchecked illness in the absence of sustainable healthcare. Ebola continues to present a high physical threat to healthcare workers unable to effectively treat their patients or to protect themselves.

By: Sarah B Vittone, MSN, MA, RN(Nurse.com-October 1, 2014)

To read the full article visit <http://news.nurse.com/article/20141001/>

About a Nurse



"The doctor doesn't need to examine your hand. The pain is most likely from hitting the call button over 50 times in the last hour."

KUDOS KORNER:

The following received scholarship from the chapter to attend the 40th Annual Educational Conference: Maria Guerrero, Linda Marler, Lisa Concanon, and Maribeth Fontabla.

LET'S FIM:

Patricia wears zippered pants and slip-on shoes. A nurse puts on Patricia's pants, and Patricia puts on her shoes. What is Patricia's FIM rating for Dressing- Lower Body?

(Answer on page 4).

LET'S FIM

ANSWER:

Level 2 Maximal Assistance: Patricia completes two of six steps for dressing. Overall Patricia performs 33 percent of her lower body dressing tasks. (Source: UDS).

*Newsletter Editor:
Maribeth Fontabla*

2013 - 2014 Board Members

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Immediate Past President

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FEATURED REHAB FACILITY: TEXAS HEALTH PRESBYTERIAN HOSPITAL DALLAS

For nearly 40 years, Texas Health Presbyterian Hospital Dallas has been serving patients through a compassionate approach to rehabilitation, helping them toward their goal of regaining enjoyable and productive lives.

The 44-bed rehabilitation unit provides a full spectrum of services for strengthening and healing the whole person. Seven days a week, patients are involved in three or more hours of combined physical, occupational, speech and/or recreational therapy, for relearning lost skills, while a physiatrist on the medical staff develops and leads an interdisciplinary rehabilitation program for each individual patient.

The stroke rehabilitation program was the second program in the United States and the first in Texas to receive "Stroke Specialty Program" accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF). CARF is a not-for-profit organization that establishes quality standards for organizations to use as guidelines in developing and offering their stroke and rehabilitation programs or services to consumers.

Location: 8200 Walnut Hill Lane, Dallas, TX 75231-4402; 214-3454543

Website: www.texashealth.org/dallas-rehab

VISIT THE NORTHEAST
TEXAS CHAPTER
WEBSITE FOR CURRENT
ACTIVITIES:

WWW.NETXREHAB.ORG

